

CHEER CLINIC

HOSTED BY THE LYONS HIGH SCHOOL LADY LIONS CHEERLEADERS!

DATE: Saturday, September 1st.

TIME: 9am – 12pm

LOCATION: Lyons High School Gym

COST: \$20

AGE: Kindergarten-8th Grade

****Check and registration form are due Friday, August 24th by 3PM****

****Return registration/fee to LHS Office. ****



**LOOK FORWARD TO..... Learning a fun dance routine,
PERFORMING AT A LYONS HIGH SCHOOL FOOTBALL GAME,
Group picture, and lunch!!**

In addition, all participants will receive a t-shirt to wear for their
VIP PERFORMANCE.

LHS vs. HILLSBORO Football game, Friday, September 7th.

Don't miss out on this AWESOME cheer clinic!!!

Please be advised... although late registrations are certainly welcome, we order t-shirts, food, and supplies based on the pre-registered number. Anyone registering late may not receive a t-shirt. Registration at the door will be accepted, but pre-registering is highly encouraged.

In addition... ONLY clinic participants will be admitted into the LHS vs. HILLSBORO football game. Any family members/friends planning to watch will have to purchase a ticket to the game and enter through the stadium gates.

LADY LIONS CHEER CLINIC 2018

Dear Parents/Guardians,

We are proud to announce that the Lady Lions Cheerleaders will sponsor a Cheer Clinic. All boys and girls grades K-8 are invited to attend. The cost is \$20. (Please fill out form for each participant, but you may write one check per family. Payable to Lyons High School.)

The clinic will be SATURDAY, SEPTEMBER 1ST from 9:00AM-12:00PM. We will meet in the middle school gym. Enter through the **gym doors on the North side of the building.**

Each participant will be taught a dance routine and other related skills. Each participant will receive a T-shirt, poms, and pizza for lunch. The routine will be performed during **the 2nd quarter and** at the half-time of the varsity football game on Friday, September 7th. The night of the game each participant is asked to wear the t-shirt with comfortable shorts, leggings, or sweat pants (black or white is preferred) for the performance.

The evening of the game each participant will attend the game for free. The cost for the family members is \$4 for students and \$5 for adults, paid at the gate for entry into the game.

Checks can be made out to Lyons High school. The registration form and money are due by Friday, August 24th. (No refunds if not able to attend.)

If you have any questions, please contact Miss Roth at 620-257-5114 (school) or email lroth@usd405.com or Miss Crowsey at 620-257-5196 (school) or email kcrowsey@usd405.com. The Lyons Cheer Team is looking forward to working with your student, so please sign up!

Miss Roth & Miss Crowsey – Cheer Coaches

Holla Bryant - JR
Erin Cox - JR
Cati Harley - FR
Rebecca Heath - SO
Aspen Lasater - SO
Cinthya Ortiz - JR
Krista Phillips - SR
Bri Russel - JR
Liz Schaefer - SR
Alicia Silva - SR
Tania Silva - JR
Anna Stansbury – SR



LADY LIONS DANCE CLINIC REGISTRATION
DUE FRIDAY, AUGUST 24TH, 2018.
\$20 (Cash or Check. Checks payable to Lyons High School)

Please print:

Participant's name: _____

Grade: _____

Please Circle:

T-Shirt Size: Youth S Youth M Youth L Adult S Adult M Adult L Adult XL

(If parents, siblings, or other family members would like to order a t-shirt to support the participant and the cheer team; here is your chance! Please mark how many you'd like in each size.)

Extra T-Shirts additional \$10 each:

Youth S: _____ Youth M: _____ Youth L: _____ Adult S: _____ Adult M: _____ Adult L: _____ Adult XL: _____

Pizza preference (circle one) note: Lunch is for participants only.

One topping pizza (Sausage, beef, pepperoni, cheese)

Please Print:

Parent's Name: _____

Parent's E-mail: _____

Parent's Phone Number: _____

Parent's Signature: _____

SEPTEMBER 1st SCHEDULE

- 9:00AM – 9:15AM
 - Check-in/Games
- 9:15 – 9:25
 - Welcome & Introductions
 - Group Photo
- 9:25 – 9:30
 - Demo of Dance
- 9:30 – 10:00
 - Break into groups to learn dance
- 10:00 – 10:10
 - Mini group break
 - Mini game
- 10:10 – 10:45
 - Learn dance, cont.
- 10:45 – 11:00
 - Whole group break/games
- 11:00 – 11:45
 - Dress rehearsal on football field.
- 11:45 – 12:00 END
 - Lunch